

- **Gluten Free options everyday**
- **(L) Indicates lactose in menu item**
- **Telluride kitchen is nut free**

Monday

Tuesday

Wednesday

Thursday

Friday



**5**  
Orange chicken with thai fried rice, salad and fruit bar

**6**  
Baked potato bar with lots of fixins! Salad and fruit bar

**7**  
Fresh made cheeseburgers (No chz avail) with homemade fries, salad and fruit bar

**8**  
Creamy lemon chicken (L) with artichokes & spinach, pasta, salad and fruit bar

**9**  
3 Cheese Pizza (L) Salad and fruit bar

**12**  
Whole grain corn dogs with homemade sweet potato wedges, salad and fruit bar

**13**  
Spaghetti with our meaty marinara sauce, salad and fruit bar

**14**  
Chef Shannon's roasted turkey enchiladas (L), salad and fruit bar

**15**  
Breakfast for lunch, salad and fruit bar

**16**  
Thanksgiving feast! (L) NO salad and fruit bar today

**19**  
**B**

**20**  
**R**

**21**  
**E**

**22**  
**A**

**23**  
**K**

**26**  
Baked potato bar with lots of fixins! Salad and fruit bar

**27**  
Mild buffalo chicken legs with homemade sweet potato wedges, salad and fruit bar

**28**  
Fresh made cheeseburgers (No chz avail) with homemade fries, salad and fruit bar

**29**  
Butternut squash pasta bake (L), salad and fruit bar

**30**  
3 Cheese Pizza (L) Salad and fruit bar

Menu for Thanksgiving Feast is;  
Roasted turkey, stuffing, mashed potatoes, green bean casserole, roll and pumpkin pie.