

- Gluten free options daily
- (L) = Contains Lactose.
- Telluride is a nut free kitchen
- All you can eat salad & fruit bar

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
7 Oven roasted mild buffalo chicken legs, Chef Shannon's creamed corn(L), fruit and salad bar	8 *Chef Shannon's Trash Fries: A trio of vegetable fries with chili and cheese, salad and fruit bar	9 Turkey whole grain corn dogs with sweet potato tots, salad and fruit bar	10 In house roasted pork street tacos with cilantro-lime brown rice, salad and fruit bar	11 Breakfast for lunch: Waffle, hashbrown, & sausage with fruit and salad bar
14 Homemade 3 cheese pizza!!!(L) With salad and fruit bar	15 Herb roasted turkey with butternut squash, salad and fruit bar	16 Homemade cheeseburgers with Yukon gold potato wedges, salad and fruit bar	17 **Chef Ann's chicken sesame noodles with salad and fruit bar	18 Spaghetti and meatballs with garlic bread, salad and fruit bar
21	22 Oven fried chicken with mashed potatoes(L), salad and fruit bar	23 Chef Shannon's homemade lasagna(L), salad and fruit bar	24 Chicken Tikki Marsala(L) with rice, salad and fruit bar	25 Fancy breakfast for lunch: Parmesan quiche(L), bacon, and hashbrowns with salad and fruit bar
28 Homemade 3 cheese pizza!!!(L) With salad and fruit bar	29 Homemade pork green chili topped burritos with salad and fruit bar	30 Fresh made cheeseburgers with Yukon gold potato wedges, fruit and salad bar	31 Orange chicken with Thai fried rice, salad and fruit bar	

\*Trio: Potato, sweet potato and yucca fries

\*\* Chef Ann is the Boulder School District Food Service Director/Chef